

# Life Legacy Checklist

**LEARN, DECIDE, DISCUSS, AND DOCUMENT  
YOUR CHOICES**

**UPDATE AT THE RATE OF CHANGE IN YOUR LIFE**

- PLAN AND PREPARE
- BUILD RESILIENCE
- CONTACT LISTS
- ADVANCE CARE PLANS
- EMERGENCY FINANCES
- ASSETS
- WILLS
- EXECUTORSHIP
- POWER OF ATTORNEY
- BODY DISPOSITION
- PREPLANNING EXPENSES
- DEPARTURE PLANS

Choose one task to review each month. Except for the first one, you can do these in any order  
Just do ONE SIMPLE THING at a time, you've got this!



Visit [charonconsulting.ca](http://charonconsulting.ca) to get simple steps and practical guidance to prepare for big life changes: illness, injury, job loss, aging, or end of life